Preheat oven to 350°F. Place frozen chicken pieces in a single layer

on an ungreased baking pan. Bake uncovered for 30 minutes.

PREPARATION & HEATING



WHOLE GRAIN BREADED FILLETS **MWWM 6/5# FULLY COOKED**

Create tasty and nutritious meals with Pilgrim's® Foodservice Gold Kist® Whole Grain Breaded Fillets. These fully cooked, whole grain breaded chicken breast fillets are made from premium whole muscle chicken and are easily prepared in the kitchen. Use them as is for signature sandwiches or slice them up for pasta dishes and salads. Either way, you're sure to see smiles all around with these chicken fillets on the menu. Packed in a 30-pound case that includes six 5-pound clear bags.





CONVECTION OVEN

Preheat oven to 350°F. Place frozen chicken pieces in a single layer on an ungreased baking pan. Bake uncovered for 20 minutes.

Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances may vary adjust heat time accordingly.

600-253760



CONVENTIONAL OVEN

Fully Cooked WHOLE GRAIN BREADED CHICKEN BREAST FILLETS WITH RIB MEAT

Ingredients: Borneless Skinless Chicken Breast With Rib Meat. Water, Sodium Phosphates, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Seasoning (Salt, Sugar, Naharal Flavors, Dehydrated Onion, Spices (Including Celery Seed), Dehydrated Gartic, Chicken Broth, Malbdedertin, Dried Chicken, Dried Chicken Skin), Breaded Wifer: Whole Wheat Flour Erriched With Naion, Reduced from Chicken Skin), Breaded Wifer: Whole Wheat Flour Erriched With Naion, Reduced from Chicken Skin, Breaded Wifer: Whole Wheat Flour Reduced from Chicken Skin, Breaded Wifer: Whole Wheat Flour Reduced from Chicken Skin, Breaded Wifer: Whole Wheat Flour Reduced from Skin, Breaded Wifer: Whole Wheat Flour Reduced from Skin, Breaded Wifer: Whole Reduced from Skin, Breaded from Sk

PARATION & HEATING INSTRUCTIONS: Conventional Over: Preheat over to 350°. Place frozen ken piaces in a single layer on ungressed baking par. Bake uncovered for 30 minutes. vector Over: Preheat over to 350° Place frozen chicken piaces on a single layer on ungressed ng pan. Bake uncovered for 20 minutes, Inserte a meat thermometre into the thickest portion to the preheat of the preheat of the preheat of the preheat period of the problem of the preheat period of the preheat period of the problem of the preheat period of

INSTRUCCIONES DE PREPAPACIÓN Y CALENTAMIENTO: Homo convencional: Precalentar el horro a 559º Colocar las piezas de pelo congeledas en una sola capa en una charda para homera sin engrasar Cocine per 30º milaries el actór la charda para homera. Homo de convección: Precalentar el homo a 359º Colocar las piezas de pello congeledas en una sola capa en una charda para homera sin engrasas. Cocine por 20º minutas sin cubrir la cactársida para homera. Horefue la terméneto de cocina en la parte mas grueca del producto. Confinsus calentando hasta que la parte inimar la legue a la



7522

Distributed By: Pilgrim's Fride Corporation 7770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.pigrimsfoodservice Chicken used is a product of USA

Copy Not For Documenting Federal Meal Pattern Requirements

CODE NUMBER	7522	CASE DIMENSIONS	17L X 13W X 11.44"H	GR WT	32.02 LBS	SHELF LIFE	365 DAYS
SERVING SIZE	1 PIECE (120.5G)	GTIN	10075632075228	CASE CUBE	1.48	PALLET (TXH)	8X7
CASE WEIGHT	30 LBS	SERVINGS/ CASE	113	CASES/ PALLET	56	SODIUM	380MG

Serving size 1 Piece (120.5g) Amount per serving 230 Calories % Daily Value* Total Fat 9g 11% Saturated Fat 1.5g Trans Fat 0q Polyunsaturated Fat 4g Monounsaturated Fat 2g Cholesterol 60mg Sadium 380mc

8%

Nutrition Facts

113 servings per container

Source 300mg	10 70
Total Carbohydrate 16g	6%
Dietary Fiber 2g	9%
Total Sugars 0g	
Includes 0g Added Sug	gars 1%
Protein 21g	
Vit D 0mcg 0%	Calcium 20mg 2%
Iron 1.2mg 6% •	Potas. 410mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice



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