

GTIN: 10075632075723 | SKU: 7572

Serving Suggestion



25/26 SCHOOL YEAR



## WHOLE GRAIN BREADED BREAST STRIPS MWWM 6/5# FULLY COOKED

Fully Cooked, Whole Grain Breaded, Skinless, and Boneless Strip made with Whole Muscle Chicken Breast. A three piece serving provides 2 oz. meat/ meat alternate credit and 1.25 servings of grain equivalent.

**CONTAINS: MILK, WHEAT.**



## PREPARATION & HEATING



### CONVENTIONAL OVEN

Preheat oven to 350°F. Place frozen chicken pieces in a single layer on an ungreased baking pan. Bake uncovered for 30 minutes.



### CONVECTION OVEN

Preheat oven to 350°F. Place frozen chicken pieces in a single layer on an ungreased baking pan. Bake uncovered for 12 minutes.

Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances may vary adjust heat time accordingly.

600-253759




**Fully Cooked**  
**WHOLE GRAIN**  
**BREADED CHICKEN BREAST STRIPS**  
**With Rib Meat**

**Ingredients:** Chicken Breast With Rib Meat, Water, Sodium Phosphates, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Seasoning (Salt, Sugar, Natural Flavors, Dehydrated Onion, Spices (Including Celery Seed), Dehydrated Garlic, Chicken Broth, Maltodextrin, Dried Chicken, Dried Chicken Skin), Breaded With: Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Sugar, Yeast Extract, Dicalcium Phosphate And Disodium Guanylate, Spice, Yeast, Dextrose, Extractives Of Paprika, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Extractives Of Paprika And Annatto, Extractives Of Turmeric, Batterd With: Water, Whole Wheat Flour, Modified Corn Starch, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Sugar, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Spice, Maltodextrin, Extractives Of Paprika, Annatto And Turmeric, Butter Flavor (Butter, Sweet Buttermilk, Natural Flavor), Predusted With: Whole Wheat Flour, Modified Corn Starch, Salt, Spice Extractive.

**CONTAINS: Milk, Wheat**

**PREPARATION & HEATING INSTRUCTIONS:** Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer on an ungreased baking pan. Bake uncovered for 30 minutes. Convection Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer on an ungreased baking pan. Bake uncovered for 12 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F.

**INSTRUCCIONES DE PREPARACIÓN Y CALENTAMIENTO:** Horno convencional: Precalentar el horno a 350°F. Colocar las piezas de pollo congeladas en una sola capa en una charola para hornear sin engrasar. Cocine por 30 minutos sin cubrir la charola para hornear. Horno de convección: Precalentar el horno a 350°F. Colocar las piezas de pollo congeladas en una sola capa en una charola para hornear sin engrasar. Cocine por 12 minutos sin cubrir la charola para hornear. Inserte un termómetro de cocina en la parte más gruesa del producto. Continuar calentando hasta que la parte interna llegue a la temperatura de 165°F.

# 7572



(01)10075632075723

Distributed By: Pilgrim's Pride Corporation  
 1770 Promontory Circle, Greeley, CO 80634  
 800-321-1470 www.pilgrimsfoodservice.com  
 Chicken used is a product of USA.

Copy Not For Documenting Federal Meal Pattern Requirements

CODE NUMBER	7572	GTIN	10075632075723	M/MA CONTRIBUTION	2	GRAIN CONTRIBUTION	1.25
SERVING SIZE	3 PIECES (4.35OZ)	SERVING/CASE	110	CALORIES	240	SODIUM	410MG
CASE WEIGHT	30 LBS	GR WT	32.02 LBS	DONATED FOOD/CASE	31.58	SHELF LIFE	365 DAYS
CASE DIMENSIONS	17L X 13W X 11.44"H	CASE CUBE	1.48	CASES/PALLET	56	PALLET (TXH)	8X7

## Nutrition Facts

110 servings per container  
**Serving size 3 Pieces (4.35oz)**

**Amount per serving**  
**Calories 240**

% Daily Value\*

<b>Total Fat</b> 9g	<b>12%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
Polyunsaturated Fat 4.5g	
Monounsaturated Fat 2g	
<b>Cholesterol</b> 65mg	<b>21%</b>
<b>Sodium</b> 410mg	<b>18%</b>
<b>Total Carbohydrate</b> 18g	<b>6%</b>
Dietary Fiber 3g	<b>9%</b>
Total Sugars less than 1g	
Includes 0g Added Sugars	<b>1%</b>

**Protein** 22g

Vit D 0mcg 0% • Calcium 20mg 2%  
 Iron 1.3mg 8% • Potas. 430mg 10%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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**PILGRIM'S PRIDE CORP.**  
**School Foodservice**  
 1770 Promontory Circle,  
 Greeley, CO 80634-9039

**Product Formulation Statement for Documenting Meats/Meat Alternates (M/MA)  
 in Child Nutrition Programs**

Program operators should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative.

Product Name: FC Whole Grain Breaded Chicken Breast Tenders Code No.: 7572  
 Manufacturer: Pilgrim's Pride Corporation Serving Size: 4.35 oz. (3 pieces)

**I. Meats**

Fill out the chart below to determine the creditable amount of Meats.

DESCRIPTION OF CREDITABLE MEAT INGREDIENT PER FOOD BUYING GUIDE (FBG)	OUNCES PER RAW PORTION OF CREDITABLE MEAT INGREDIENT A	MULTIPLY	FBG YIELD <sup>1</sup> B	CREDITABLE AMOUNT A x B
Boneless Chicken Breast w/o Skin	2.743	x	73%	2.002
		x		
		x		
<b>C. Total Creditable Meats Amount<sup>5</sup></b>				<b>2.00</b>

<sup>1</sup> FBG yield = Additional Information column.

**II. Meat Alternates**

Fill out the chart below to determine the creditable amount of Meat Alternates.

DESCRIPTION OF CREDITABLE MEAT ALTERNATE INGREDIENT PER FOOD BUYING GUIDE (FBG)	OUNCES PER RAW PORTION OF CREDITABLE MEAT ALTERNATE INGREDIENT D	MULTIPLY	FBG YIELD <sup>2</sup> E	DIVIDE	PURCHASE UNIT IN OUNCES F	CREDITABLE AMOUNT <sup>2</sup> D x E ÷ F
		x		÷		
		x		÷		
		x		÷		
<b>G. Total Creditable Meat Alternates Amount<sup>5</sup></b>						

<sup>2</sup> FBG yield = Servings per Purchase Unit column.

**III. Alternate Protein Products (APP)**

Fill out the chart below to determine the creditable amount of APP. Documentation must be provided as described in Attachments A and B for each APP used.

DESCRIPTION OF APP, MANUFACTURER'S NAME, AND CODE NUMBER	OUNCES DRY PER APP PORTION H	MULTIPLY	% OF PROTEIN AS IS <sup>3</sup> I	DIVIDE <sup>4</sup>	CREDITABLE AMOUNT APP H x I ÷ 18
		x		÷ 18	
		x		÷ 18	
		x		÷ 18	
<b>J. Total Creditable APP Amount<sup>5</sup></b>					
<b>K. TOTAL CREDITABLE AMOUNT (C + G + J rounded down to nearest 0.25 oz)<sup>5</sup></b>					<b>2.00</b>

<sup>3</sup> Attached documentation provides % of Protein As-Is.

<sup>4</sup> 18 is the percent of protein when fully hydrated.

<sup>5</sup> Total Creditable Amount must be rounded **down** to the nearest 0.25 oz (example: 1.49 rounds down to 1.25 oz equivalent meat/meat alternate). If crediting M/MA and APP, round down after adding the Total Creditable Amount for Meats, Meat Alternates, and APP in boxes C, G, and J.



Total weight (per portion) of product as purchased 4.35 oz. (3 pieces)

Total creditable amount of product (per portion). (Reminder: total creditable amount (per portion) cannot exceed the total weight (per portion).) 2.00

I certify that the above information is true and correct and that a 4.35 ounce serving of the above product (ready for serving) contains 2.00 ounces of equivalent meat/meat alternate when prepared according to directions.

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

Elizabeth Drey  
Signature

Elizabeth Drey  
Printed Name

Senior Food Scientist  
Title

07/01/2025  
Date

(800) 321-1470  
Phone Number



**PILGRIM'S PRIDE CORP.**  
**School Foodservice**  
1770 Promontory Circle,  
Greeley, CO 80634-9039

**Product Formulation Statement for Documenting Grains  
in Child Nutrition Programs**

*(Crediting Standards Based on Grams of Creditable Grains (ounce equivalent))*

Program operators should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Program operators have the option to choose the crediting method that fits their specific menu planning needs.

Product Name: FC Whole Grain Breaded Chicken Breast Tenders Code No.: 7572

Manufacturer: Pilgrim's Pride Corporation Serving Size: 4.35 oz. (3 pieces)  
(raw dough weight may be used to calculate creditable grains)

I. Does the product meet the whole grain-rich criteria? Yes X No       

II. Does the product contain non-creditable grains? Yes X No        How many grams? 2.35  
(Products with more than 0.24 ounce equivalent (oz eq) or 3.99 grams (g) for Groups A-G or 6.99g for Groups H and I of non-creditable grains do not credit toward the grains requirement for school meals.)

III. Use Exhibit A: Grain Requirements for Child Nutrition Programs in the *Food Buying Guide for Child Nutrition Programs (FBG)* to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate the grains contribution based on creditable grains. Groups A-G use the standard of 16g creditable grains per oz eq; Groups H and I use the standard of 28g creditable grains per oz eq or volume.)

Indicate which Exhibit A Group (A-I) the product belongs to: A

DESCRIPTION OF CREDITABLE GRAIN INGREDIENT*	GRAMS OF CREDITABLE GRAIN INGREDIENT PER PORTION <sup>1</sup>	GRAM STANDARD OF CREDITABLE GRAINS PER OZ EQ (16g or 28g) <sup>2</sup>	CREDITABLE AMOUNT
	A	B	A ÷ B
Whole Wheat Flour	19.567	16	1.222
Enriched Wheat Flour	1.787	16	0.111
Total			1.334
Total Creditable Amount <sup>3</sup>			1.25

\* Creditable grains vary by Program. See the FBG for specific Program requirements.

<sup>1</sup> (Serving size) X (% of creditable grains in formula); serving sizes other than grams must be converted to grams.

<sup>2</sup> Standard grams of creditable grains from the corresponding Group in Exhibit A.

<sup>3</sup> Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.

Total weight (per portion) of product as purchased 4.35 oz. (3 pieces)

Total contribution of product (per portion) 1.25 oz eq

I certify that the above information is true and correct and that a 4.35 ounce portion of this product (ready for serving) provides 1.25 oz eq grains. I further certify that non-creditable grains **are not** above 0.24 oz eq per portion. Products with more than 0.24 oz eq or 3.99g for Groups A-G or 6.99g for Groups H and I of non-creditable grains do not credit toward the grains requirement for school meals.

Elizabeth Drey  
Signature  
Elizabeth Drey  
Printed Name

Senior Food Scientist  
Title  
07/01/2025 (800) 321-1470  
Date Phone Number