



111355 - Wing Zing's® Fully Cooked Boneless

These boneless skinless chicken breast chunks are breaded and seasoned with a blend that brings notes of Cayenne for a spicy and peppery flavor that is not overbearing. They make a great appetizer, meal deal, or ingredient in salads, sandwiches and more! Boneless Zings™ are also fully cooked for ease-of-use and increased food safety.



Brand: Wing Zing's®

Nutrition Facts

Serving Size 84G (84g)
Serving Per Container: 54

Amount Per Serving

Calories 180

		% Daily Value*
Total Fat	7g	8%
Saturated Fat	1g	5%
Trans Fat	0g	
Monounsaturated Fat	1g	
Polyunsaturated Fat	3g	
Cholesterol	40mg	13%
Sodium	890mg	39%
Potassium	190mg	4%
Total Carbohydrate	15g	6%
Dietary Fiber	1g	2%
Sugars	0g	
Protein	14g	

Vitamin A	0%	•	Vitamin C	0%
Calcium	20 mg	•	Iron	0 mg
Vitamin D	0mcg	•		

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbs.		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients

Boneless Skinless Chicken Breast Chunks, Water, Seasoning [Modified Rice Starch, Maltodextrin, Hydrolyzed Soy Protein, Flavor, Chicken Fat, Tapioca Dextrin, Onion Juice Concentrate, Autolyzed Yeast Extract, Salt, Contains Less Than 2% (Chicken Broth, Citric Acid, Dextrin, Disodium Guanylate, Disodium Inosinate, Disodium Phosphate, Dried Chicken, Lactic Acid, Modified Corn Starch, Pectin, Smoke Flavor, Succinic Acid, Sugar, Thiamine Hydrochloride)], Seasoning [Wheat Flour, Salt, Spices, Natural Flavors, Disodium Inosinate And Disodium Guanylate, Torula Yeast, Lactic Acid, Paprika, Garlic Powder, Extractives of Paprika, Soybean Oil (Processing Aid)], Modified Food Starch, Chicken Flavor (Salt, Maltodextrin, Yeast Extract, Chicken Fat, Flavor, Cooked Chicken Powder, Dextrose, Dried Chicken Broth, Canola Oil, Sugar, Citric Acid, Silicon Dioxide), Sodium Phosphates, Salt, Ground Celery, Soluble Garlic (Salt, Gum Arabic, Garlic Extractives). Breaded And Battered With: Wheat Flour, Water, Salt, Modified Corn Starch, Spices, Disodium Inosinate And Disodium Guanylate, Soy Flour, Torula Yeast, Dextrose, Lactic Acid, Soybean Oil (Processing Aid), Onion Powder, Garlic Powder, Extractives of Paprika, Paprika. Pre dusted With: Wheat Flour, Salt, Modified Food Starch, Wheat Gluten, Spices, Disodium Inosinate And Disodium Guanylate, Soy Flour, Autolyzed Yeast Extract, Dextrose, Lactic Acid Powder, Soybean Oil (Processing Aid), Onion Powder, Garlic Powder, Paprika, Extractives of Paprika. Breeding Set In Vegetable Oil. Contains: Soy, Wheat

Case Specifications

GTIN	10075632113555	Case Gross Weight	10.92 LB
Pack Size	2 / 5LB	Case Net Weight	10 LB
Shelf Life	365 Days	Case L,W,H	11.75 IN, 9.19 IN, 8.75 IN
Tie x High	17 x 9	Cube	0.55 CF

Preparation and Cooking

Bake: CONVENTIONAL OVEN: PREHEAT OVEN TO 375F. PLACE FROZEN CHICKEN PIECES IN A SINGLE LAYER ON AN UNGREASED BAKING PAN. BAKE UNCOVERED FOR 23 MINUTES. CONVECTION OVEN: PREHEAT OVEN TO 375F. PLACE FROZEN CHICKEN PIECES IN A SINGLE LAYER ON AN UNGREASED BAKING PAN. BAKE UNCOVERED FOR 12 MINUTES. INSERT A MEAT THERMOMETER INTO THE THICKEST PORTION OF THE PRODUCT. CONTINUE HEATING UNTIL THE INTERNAL TEMPERATURE REACHES 165F.

Deep Fry: PREHEAT FRYING OIL TO 350F. PLACE FROZEN CHICKEN PIECES INTO FRYING OIL. FRY FOR 5 MINUTES. INSERT A MEAT THERMOMETER INTO THE THICKEST PORTION OF THE PRODUCT. CONTINUE HEATING UNTIL THE INTERNAL TEMPERATURE REACHES 165F.

Product Features and Benefits

- Fully cooked to save labor, time, and minimize food safety risk from handling.
- No monosodium glutamate (MSG)

Packaging and Storage

KEEP FROZEN

Allergens

CONTAINS:
Soybeans or Soybean Derivatives, Sulphites or Sulphite Derivatives, Wheat or Wheat Derivatives



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Product Images

