



061015 - FC Bone-In Wing Ding's® Medium

Wing Dings® brand chicken wings with their crispy, light gourmet seasoned breading has been pleasing folks in restaurants and at home for years, and you can bet that we guard the recipe. Wing Dings® are easy to prepare and fun to eat, whether served as special hors d'oeuvres, a quick meal, or a hearty snack. Enjoy!



Brand: Wing Ding's®

Nutrition Facts

Serving Size 84G (84g)
Servings Per Container: 49

Amount Per Serving

Calories 150

		% Daily Value*
Total Fat	9g	11%
Saturated Fat	2g	12%
Trans Fat	0g	
Cholesterol	75mg	25%
Sodium	590mg	26%
Potassium	135mg	3%
Total Carbohydrate	5g	2%
Dietary Fiber	0g	0%
Sugars	0g	
Protein	12g	

Vitamin A	0%	•	Vitamin C	0%
Calcium	10 mg	•	Iron	0 mg
Vitamin D	0mcg	•		

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbs.		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients

Chicken Wings (1St And 2Nd Sections), Water, Sodium Phosphates, And Salt. Breded With: Wheat Flour, Modified Corn Starch, Salt, Soy Flour, Monosodium Glutamate, Dextrose, Soybean Oil, Spices, Garlic Powder, Onion Powder, And Paprika.

Case Specifications

GTIN	10037638071154	Case Gross Weight	15.91 LB
Pack Size	2 / 7.5LB	Case Net Weight	15 LB
Shelf Life	365 Days	Case L,W,H	14.94 IN, 9.44 IN, 8.44 IN
Tie x High	13 x 9	Cube	0.69 CF

Preparation and Cooking

From Frozen: Deep Fry For 4 Minutes At 350F Or 3 Minutes At 375F. Cook until the internal temperature reaches 165F.

Product Features and Benefits

- Fully cooked to save labor, time, and minimize food safety risk from handling
- Contains MSG

Packaging and Storage

KEEP FROZEN

Allergens

CONTAINS:
Soybeans or Soybean Derivatives, Wheat or Wheat Derivatives

Product Images

