



111355 - Boneless Zings™ FC Boneless Wings

These boneless skinless chicken breast chunks are breaded and seasoned with a blend that brings notes of Cayenne for a spicy and peppery flavor that is not overbearing. They make a great appetizer, meal deal, or ingredient in salads, sandwiches and more! Boneless Zings™ are also fully cooked for ease-of-use and increased food safety.



Brand: Wing Zing's®

Nutrition Facts

41 servings per container

Serving size 112G (112g)

Amount per serving
Calories 230

% Daily Value*

Total Fat 9g **11%**

Saturated Fat 1.5g **7%**

Trans Fat 0g

Polyunsaturated Fat 4g

Monounsaturated Fat 2g

Cholesterol 50mg **17%**

Sodium 1,130mg **49%**

Total Carbohydrate 18g **7%**

Dietary Fiber 1g **2%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

Protein 19g

Vitamin D 0.1mcg 0% • Calcium 10mg 0%

Iron 0.7mg 4% • Potassium 270mg 6%

Vitamin C 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Boneless Skinless Chicken Breast With Rib Meat, Water, Vinegar, Sodium Phosphates, Salt. Breaded With: Wheat Flour, Pea Starch, Salt, Monosodium Glutamate, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spices (Including Celery Seed), Dextrose, Extractives of Paprika, Soybean Oil (As a Processing Aid), Paprika, Onion Powder, Garlic Powder, Soy Flour, Natural Flavor. Battered With: Water, Yellow Corn Flour, Wheat Flour, Modified Food Starch, Salt, Spices, Dried Onion, Yeast Extract, Dried Garlic, Monosodium Glutamate, Less Than 2% Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Sodium Alginate, Paprika Extract, Natural Flavors, Soybean Oil (Anti-Dusting). Predusted With: Wheat Flour, Wheat Gluten, Salt, Monosodium Glutamate, Spices (Including Celery Seed), Extractives of Paprika, Soybean Oil (As a Processing Aid), Paprika, Garlic Powder, Onion Powder, Soy Flour, Natural Flavor. Breeding Set In Vegetable Oil. Ingredients: Contains: Soy, Wheat

Case Specifications

GTIN	10075632113555	Case Gross Weight	10.92 LB
Pack Size	2 / 5LB	Case Net Weight	10 LB
Shelf Life	365 Days	Case L,W,H	11.75 IN, 9.19 IN, 8.75 IN
Tie x High	17 x 9	Cube	0.55 CF

Preparation and Cooking

Bake: CONVENTIONAL OVEN: PREHEAT OVEN TO 375F. PLACE FROZEN CHICKEN PIECES IN A SINGLE LAYER ON AN UNGREASED BAKING PAN. BAKE UNCOVERED FOR 23 MINUTES. CONVECTION OVEN: PREHEAT OVEN TO 375F. PLACE FROZEN CHICKEN PIECES IN A SINGLE LAYER ON AN UNGREASED BAKING PAN. BAKE UNCOVERED FOR 12 MINUTES. INSERT A MEAT THERMOMETER INTO THE THICKEST PORTION OF THE PRODUCT. CONTINUE HEATING UNTIL THE INTERNAL TEMPERATURE REACHES 165F.

Deep Fry: PREHEAT FRYING OIL TO 350F. PLACE FROZEN CHICKEN PIECES INTO FRYING OIL. FRY FOR 5 MINUTES. INSERT A MEAT THERMOMETER INTO THE THICKEST PORTION OF THE PRODUCT. CONTINUE HEATING UNTIL THE INTERNAL TEMPERATURE REACHES 165F.

Product Features and Benefits

- Fully cooked to save labor, time, and minimize food safety risk from handling.
- No monosodium glutamate (MSG)

Packaging and Storage

KEEP FROZEN

Allergens

CONTAINS:

Soybeans or Soybean Derivatives, Sulphites or Sulphite Derivatives, Wheat or Wheat Derivatives



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Product Images

