



K-12 Recipe Calendar

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**GOLD
KIST®
CHICKEN**

pilgrim's
Foodservice

PIMENTO CHEESE BISCUIT

Breakfast Patty Gold Kist® Chicken Fully Cooked Whole Grain Breaded Breakfast Patty (615400). Whole grain bun, Land O Lakes cheese sauce, low fat cheddar, pimentos.



Serving Suggestion

INGREDIENTS:

96 oz (1 bag)	Cheese sauce (Land O Lakes 39947)
48 oz	Pimento, well drained
48 oz	Cheddar, Reduced Fat
1½ tsp	Garlic powder
1½ tsp	Onion Powder
1 tsp	Cayenne pepper, ground
192 ea (8 trays)	Biscuits (Bakery Chef 8615121031)
192 ea	Gold Kist Whole Grain Breakfast Patty

PREPARATION:

1. Combine cheese sauce, pimentos, cheddar, garlic powder, onion powder and cayenne pepper in food processor (do not over process as it will become more of a paste, work in batches if necessary). Cover and keep refrigerated until needed.
2. Heat biscuits and chicken according to package instructions.
3. Split biscuits, place 1 patty per biscuit, 1 oz portion scoop of pimento cheese, and top with biscuit.
4. Serve or cover and hold for service.

Servings per recipe: 192 servings

Nutrition Facts

servings per container

Serving size 1 Biscuit (151g)

Amount per serving
Calories 350

	% Daily Value*
Total Fat 16g	21%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 670mg	29%
Total Carbohydrate 34g	12%
Dietary Fiber 3g	11%
Total Sugars 3g	
Includes 2g Added Sugars	4%

Protein 17g

Vit D 0mcg 0% • Calcium 147mg 10%
Iron 2mg 10% • Potas 539mg 10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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SPICY KOREAN CHICKEN SANDWICH

Gold Kist® Chicken Fully Cooked Whole Grain Spicy Breaded Chicken Patties (615600). Whole Wheat bun, spicy chicken patty, pickles, cabbage, Ventura gochujang sauce.



Serving Suggestion

INGREDIENTS:

128 ea	Gold Kist Whole Grain Spicy Patty
64 oz (1 container)	Gochujang sauce (Sauce Craft 22778SCR)
128 ea	Whole Wheat Bun Nature's Own (99832050)
1 gal jar	Dill pickle, sliced (2 per sandwich)
5 lb	Cabbage, green, shredded

PREPARATION:

1. Heat chicken according to package instructions.
2. Once heated, brush both sides of chicken with gochujang sauce.
3. Place chicken onto open bun, top with two pickle slices, and green cabbage (about ½ oz).
4. Serve or cover and hold for service.

Servings per recipe: 128 servings

Nutrition Facts

servings per container

Serving size 1 sandwich (184g)

Amount per serving

Calories 360

% Daily Value*

Total Fat 11g **14%**

Saturated Fat 2.5g **13%**

Trans Fat 0g

Cholesterol 35mg **12%**

Sodium 830mg **36%**

Total Carbohydrate 42g **15%**

Dietary Fiber 3g **11%**

Total Sugars 9g

Includes 5g Added Sugars **10%**

Protein 16g

Vit D 0mcg 0% • Calcium 135mg 10%

Iron 3mg 15% • Potas 236mg 6%

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SPICY CARIBBEAN CHICKEN SANDWICH

Gold Kist® Chicken Fully Cooked Whole Grain Spicy Breaded Chicken Patties (615600). Whole Wheat bun, spicy chicken patty, pineapple, slaw, Ventura Caribbean jerk sauce.



Serving Suggestion

INGREDIENTS:

4 lb	Cabbage, red, shredded
4 lb	Cabbage, green, shredded
1 lb	Carrot, shredded
1 lb	Pineapple, crushed, drained
64 oz (1 container)	Caribbean jerk sauce (Sauce Craft 23330SCR)
150 ea	Gold Kist whole wheat spicy Patty
150 ea	Whole Wheat Bun Nature's Own 99832050)

PREPARATION:

1. Combine cabbage, carrot, pineapple, and jerk sauce. Cover and keep refrigerated until needed.
2. Heat chicken according to package instructions.
3. Place chicken on split bun and top with slaw (1.5-2 oz), and bun top.
4. Serve or cover and hold for service.

Servings per recipe: 150 servings

Nutrition Facts

servings per container

Serving size 1 sandwich (180g)

Amount per serving

Calories 350

% Daily Value*

Total Fat 11g **14%**

Saturated Fat 2.5g **13%**

Trans Fat 0g

Cholesterol 35mg **12%**

Sodium 670mg **29%**

Total Carbohydrate 41g **15%**

Dietary Fiber 3g **11%**

Total Sugars 8g

Includes 3g Added Sugars **6%**

Protein 16g

Vit D 0mcg 0% • Calcium 133mg 10%

Iron 3mg 15% • Potas 276mg 6%

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HONEY BUTTER BISCUIT

Breakfast Patty Gold Kist® Chicken Fully Cooked Whole Grain Breaded Breakfast Patty (615400). Whole grain biscuit, breakfast patty, light honey drizzle.



Serving Suggestion

INGREDIENTS:

150 ea (6 trays)	Biscuits (Bakery Chef 8615121031)
150 ea	Gold Kist Whole Grain Breakfast Patty
3 lb	Butter, Melted
4½ lb	Honey

PREPARATION:

1. Heat biscuits and chicken according to package instructions.
2. Split biscuits and brush each side with melted butter.
3. Place Breakfast patties onto biscuit bottoms.
4. Drizzle fillets with honey and top with biscuit.
5. Serve or cover and hold for service.

Servings per recipe: 150 servings

Nutrition Facts

servings per container
Serving size 1 Biscuit (146g)

Amount per serving
Calories 410

	% Daily Value*
Total Fat 20g	26%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 560mg	24%
Total Carbohydrate 45g	16%
Dietary Fiber 3g	11%
Total Sugars 14g	
Includes 2g Added Sugars	4%

Protein 14g	
Vit D 0mcg 0%	Calcium 53mg 4%
Iron 2mg 10%	Potas 430mg 10%

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**GOLD
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GREEK STYLE CHICKEN NACHOS

Fully Cooked Whole Grain Breaded Chicken Dark Meat Chunks (7526), served over crunchy pita chips, fresh cucumber, feta cheese, kalamata olives, diced tomato, chopped pepperoncinis, topped with guacamole and Greek yogurt.



Serving Suggestion

INGREDIENTS:

1 Serving (3oz)	Fully Cooked Whole Grain Breaded Chicken Dark Meat Chunks (7526)
1 Tbsp	Kalamata olives, pitted, chopped
1 Tbsp	Feta cheese, crumbled
½ cup	Fresh Roma tomato, diced
2 Tbsp	Pepperoncini, chopped
¼ cup	English cucumber, diced
1¼ Cups	Pita chips, plain
2 Tbsp	Avocado, smashed
2 Tbsp	Greek yogurt, nonfat

PREPARATION:

1. Heat chicken according to package instructions.
2. While heating, mix together: olives, feta, tomatoes, pepperoncini, and cucumber.
3. Place chips in a bowl or plate. Top with chicken and vegetable mixture.
4. Finish with avocado and yogurt drizzle.

Nutrition Facts

servings per container
Serving size 1 Plate (317g)

Amount per serving
Calories 440

	% Daily Value*
Total Fat 20g	26%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 960mg	42%
Total Carbohydrate 45g	16%
Dietary Fiber 6g	21%
Total Sugars 6g	
Includes 0g Added Sugars	0%

Protein 22g

Vit D 0mcg 0% • Calcium 108mg 8%
Iron 3mg 15% • Potas 654mg 15%

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