

2024-2025 FACT SHEET

1230 | GOLD KIST® FULLY COOKED DICED CHICKEN



PILGRIM'S® PRIDE CORP. – Gold Kist® Brand

CODE NUMBER:	1230
M/MA CONTRIBUTION:	2
GRAIN CONTRIBUTION:	0
CALORIES	90
SODIUM	290mg
GTIN:	10041723002305
CASE DIMENSIONS:	17L x 13W x 11.43"H
SHELF LIFE:	365 days
CASE CUBE:	1.48
CASE WT:	30 LBS
SERVING SIZE:	2.47 oz
DONATED FOOD/CASE:	32.09
SERVINGS/CASE:	194
GR. WT:	31.73 LBS
PALLET (TxH):	8 x 7
CASES/PALLET:	56

Oven Roasted, Fully-Cooked 1/2" Diced Marinated Chicken produced from USDA 100103 natural proportion white and dark meat commodity chicken. Product cut into 1/2" cubes and IQF frozen. One 2.47 oz serving provides 2 ounces meat/meat alternative. Product to provide zero grams trans fat.



SERVING SUGGESTION

Nutrition Facts

194 servings per container	
Serving size	2.47 oz
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 2.5g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 1g	
Cholesterol 65mg	22%
Sodium 290mg	13%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Included 0g Added Sugars	0%
Protein 17g	
Vit D 0mcg 0%	Calcium 10mg 0%
Iron 0.4mg 2%	Potas. 240mg 5%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Fully Cooked Copy Not For Documenting Federal Meal Pattern Requirements

1230

DICED 1/2" WHITE AND DARK CHICKEN MEAT

INGREDIENTS: White and Dark Chicken Meat, Water, Modified Food Starch, Salt, Sodium Phosphates.

HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a 1" layer in an ungreased hotel pan. Bake covered for 90 minutes. **Convection Oven:** Preheat oven to 350°F. Place frozen chicken pieces in a 1" layer in an ungreased hotel pan. Bake covered for 45 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F.



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1770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.goldkist.com

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