# 2024-2025 **FACT SHEET**

## **7572 | GOLD KIST® WHOLE GRAIN BREADED BREAST STRIPS**



### PILGRIM'S® PRIDE CORP - Gold Kist® Brand

| PILORIM 3 PRIDE CORP. — BOIL RISE DI BILL |                     |  |
|---|---------------------|--|
| CODE NUMBER:                              | 7572                |  |
| M/MA CONTRIBUTION:                        | 2                   |  |
| GRAIN CONTRIBUTION:                       | 1.25                |  |
| CALORIES                                  | 240                 |  |
| SODIUM                                    | 410mg               |  |
| GTIN:                                     | 10075632075723      |  |
| CASE DIMENSIONS:                          | 17L x 13W x 11.43"H |  |
| SHELF LIFE:                               | 365 days            |  |
| CASE/PALLET:                              | 56                  |  |
| CASE WT:                                  | 30 LBS              |  |
| SERVING SIZE:                             | 3 Pieces            |  |
| DONATED FOOD/CASE:                        | 32.14               |  |
| SERVINGS/CASE:                            | 110                 |  |
| GR. WT:                                   | 32.02 LBS           |  |
| PALLET (TxH):                             | 8 x 7               |  |
| CASES CUBE:                               | 1.48                |  |

Fully-Cooked, Whole Grain Breaded, Skinless, and Boneless Whole Muscle Chicken Breast Strip. A three piece serving provides 2 oz. meat/meat alternate credit and 1.25 servings of grain equivalent.

**CONTAINS: MILK, WHEAT.** 





## **Nutrition Facts**

110 servings per container 3 Pieces Serving size

Amount per serving Calarias

240

| Calories                  | 270            |
|---------------------------|----------------|
|                           | % Daily Value* |
| Total Fat 9g              | 12%            |
| Saturated Fat 1.5g        | 8%             |
| Trans Fat 0g              |                |
| Polyunsaturated Fat 4.5g  |                |
| Monounsaturated Fat 2g    |                |
| Cholesterol 65mg          | 21%            |
| Sodium 410mg              | 18%            |
| Total Carbohydrate 18g    | 6%             |
| Dietary Fiber 3g          | 9%             |
| Total Sugars less than 1g |                |
| Includes 0g Added Sugars  | 1%             |
| Protein 22g               |                |
|                           |                |

| Vit D 0mcg 0% | • | Calcium 20mg 2% |
|---------------|---|-----------------|
| Iron 1.3mg 8% | • | Potas. 430mg 9% |

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\*Above Nutrition Facts information for product 7572 is based on the serving size stated on the attached Product Formulation Statement to provide stated equivalencies.

Fully Cooked Copy Not For Documenting Federal Meal Pattern Requirements

#### WHOLE GRAIN BREADED CHICKEN BREAST STRIPS WITH RIB MEAT

INGREDIENTS: Chicken Breast With Rib Meat, Water, Sodium Phosphates, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Seasoning [Salt, Sugar, Natural Flavors, Dehydrated Onion, Spices (Including Celery Seed), Dehydrated Garlic, Chicken Broth, Maltodextrin, Dried Chicken, Dried Chicken Skin, Soybean Oil (As A Processing) Add), Not More Than 2% Silcen Dioxide Added to Frewent Caking, Breaded With Nickin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Sugar, Yeast Extract, Disodium Inosinate And Disodium Guanylats, Spice, Veast, Destrose, Extractives Of Paprika, Laverening (Sodium Bicarbonate, Sodium And Prophosphate), Extractives Of Paprika, Laverening (Sodium Bicarbonate), Sodium And Prophosphate), Extractives Of Paprika, Laverening (Sodium Bicarbonate), Sodium Silcender Michael (Sodium Bicarbonate), Sodium Silcender (Sodium Add Pyophasphate, Monocalcium Pinnine Mononitrate, Riboflavin, Folic Acid), Salt, Sugar, Leavening (Calcium Add Pyophashet, Monocalcium) Phosphate, Sodium Bicarbonate), Spice, Maltodextrin, Soybean Oil (As A Processing Add), Extractives Of Paprika, Annatto And Turmefic, Butter Flavor (Butter, Sweel Buttermilk, Natural Flavor), Predusted With: Whole Wheat Flour, Modified Corn Starch, Salt, Spice Extractive, Breading Set In Vegetable Oil.

CONTAINS: MLK, WHEAT

IEATING INSTRUCTIONS FROM FROZEN: Convection Oven: Preheat oven to 350° F. Place frozen chicken iscoss in a single layer on an ungreased baking pan. Bake uncovered for 12 minutes, Conventional Oven: Preheat ven to 350° F. Place forzom chicken picces in a single layer on an ungreased baking pan. Bake uncovered for 30 inutes. Fully heat product to a minimum internal temperature of 165°F. Appliances vary, adjust heat times



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