

# 2024-2025 SCHOOL YEAR FACT SHEET

## 7516 | GOLD KIST® WHOLE MUSCLE BREADED FILLET



### PILGRIM'S® PRIDE CORP. – Gold Kist® Brand

CODE NUMBER:	7516
M/MA CONTRIBUTION:	2
GRAIN CONTRIBUTION:	1
CALORIES	230
SODIUM	440mg
GTIN:	10075632075167
CASE DIMENSIONS:	17L x 13W x 11.43"H
SHELF LIFE:	365 days
CASE/PALLET:	56
CASE WT:	30 LBS
SERVING SIZE:	1 Piece
DONATED FOOD/CASE:	29.71
SERVINGS/CASE:	100-140
GR. WT:	32.02 LBS
PALLET (TxH):	8 x 7
CASES CUBE:	1.48

Fully-cooked, Whole Grain Breaded, Skinless and Boneless Whole Muscle Chicken Breast Fillet. One 4 oz serving provides 2 oz equivalent meat/meat alternate and 1 oz equivalent grains.

CONTAINS: MILK, WHEAT.



Serving Suggestion

### Nutrition Facts

About 120 servings per container  
Serving size **1 Piece**

Amount per serving  
**Calories 230**

	% Daily Value*
<b>Total Fat</b> 9g	<b>11%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
Polyunsaturated Fat 4g	
Monounsaturated Fat 2g	
<b>Cholesterol</b> 55mg	<b>18%</b>
<b>Sodium</b> 440mg	<b>19%</b>
<b>Total Carbohydrate</b> 19g	<b>7%</b>
Dietary Fiber 2g	<b>9%</b>
Total Sugars less than 1g	
Includes 0g Added Sugars	<b>1%</b>
<b>Protein</b> 19g	

Vit D 0mcg 0% • Calcium 20mg 2%  
Iron 1.2mg 6% • Potas. 420mg 9%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Fully Cooked Copy Not For Documenting Federal Meal Pattern Requirements

**7516**

### BONELESS, SKINLESS WHOLE GRAIN BREADED CHICKEN BREAST FILLETS WITH RIB MEAT

**INGREDIENTS:** Boneless Skinless Chicken Breast Fillets With Rib Meat, Water, Modified Food Starch, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, Sugar, Black Pepper, White Pepper, Garlic Powder, Yeast Extract. **BREADED WITH:** Whole Wheat Flour, Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Yeast Extract, Spice, Yeast, Soybean Oil, Extractives Of Paprika, Annatto And Turmeric, Dextrose, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate). **BATTERED WITH:** Water, Whole Wheat Flour, Modified Corn Starch, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Spice, Maltodextrin, Soybean Oil (As A Processing Aid), Extractives Of Paprika, Annatto And Turmeric, Butter Flavor (Butter, Sweet Buttermilk, Natural Flavor). **PREDUSTED WITH:** Whole Wheat Flour, Modified Corn Starch, Salt, Spice Extractive, Breading Set In Vegetable Oil.  
**CONTAINS:** Milk, Wheat

**HEATING INSTRUCTIONS FROM FROZEN:** Conventional Ovens: Preheat oven to 350°F. Place frozen chicken pieces in a single layer on ungreased baking pan. Bake uncovered for 30 minutes. Convection Ovens: Preheat oven to 350°F. Place frozen chicken pieces in a single layer on ungreased baking pan. Bake uncovered for 20 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F.



DISTRIBUTED BY: Pilgrim's Pride Corporation  
1770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.pilgrimsfoodservice.com

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 1770 Promontory Circle,  
 Greeley, CO 80634-9034



**Product Formulation Statement for Documenting Grains/Breads Servings  
 in the Child and Adult Care Food Program, Summer Food Service Program, and  
 NSLP Afterschool Snacks**

*(Crediting Standards Based on Grams of Creditable Grains per Grains/Breads Serving (not ounce equivalent))*

Program operators should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Program operators have the option to choose the crediting method that fits their specific menu planning needs.

Product Name: Whole Grain Breaded Chicken Breast Fillets Code No.: 7516

Manufacturer: Pilgrim's Pride Corporation Serving Size: Minimum 3.4 oz.  
 (raw dough weight may be used to calculate creditable grains)

I. Does the product meet the whole grain-rich criteria? Yes  No

II. Use Exhibit A: Grain Requirements for Child Nutrition Programs in the *Food Buying Guide for Child Nutrition Programs (FBG)* to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate the grains contribution based on creditable grains. Groups A-G use the standard of 14.75g creditable grains per serving; Groups H and I use the standard of 25g creditable grains per serving or volume.)

Indicate which Exhibit A Group (A-I) the product belongs: A

DESCRIPTION OF CREDITABLE GRAIN INGREDIENT*	GRAMS OF CREDITABLE GRAIN INGREDIENT PER PORTION <sup>1</sup>	GRAM STANDARD OF CREDITABLE GRAINS PER GRAINS/BREADS SERVING (14.75g or 25g) <sup>2</sup>	CREDITABLE AMOUNT
	A	B	A ÷ B
Whole Wheat Flour	15.9920	16	0.9995
Enriched Wheat Flour	0.3205	16	0.0200
<b>Total</b>			1.0195
<b>Total Creditable Amount<sup>3</sup></b>			1.00

\* Creditable grains vary by Program. See the FBG for specific Program requirements.  
<sup>1</sup> (Serving size) X (% of creditable grains in formula); serving sizes other than grams must be converted to grams.  
<sup>2</sup> Standard grams of creditable grains from the corresponding Group in Exhibit A.  
<sup>3</sup> Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) grains/breads serving. Do **not** round up.

Total weight (per portion) of product as purchased 3.4 oz.  
 Total contribution of product (per portion) 1.00 grains/breads serving(s).

I certify that the above information is true and correct and that a 3.4 ounce portion of this product (ready for serving) provides 1.00 grains/breads serving(s).

Modesta Everett  
 Signature  
 Modesta Everett  
 Printed Name

Associate Food Technologist  
 Title  
07/01/2024 (970) 506-7485  
 Date Phone Number



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**Product Formulation Statement for Documenting Meats/Meat Alternates (M/MA)  
 in Child Nutrition Programs**

Program operators should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative.

Product Name: Whole Grain Breaded Chicken Breast Fillets Code No.: 7516

Manufacturer: Pilgrim's Pride Corporation Serving Size: Minimum 3.4 oz.

**I. Meats**

Fill out the chart below to determine the creditable amount of Meats.

DESCRIPTION OF CREDITABLE MEAT INGREDIENT PER FOOD BUYING GUIDE (FBG)	OUNCES PER RAW PORTION OF CREDITABLE MEAT INGREDIENT A	MULTIPLY	FBG YIELD <sup>1</sup> B	CREDITABLE AMOUNT A x B
Boneless Chicken Breast w/o Skin	2.74	x	73%	2.0002
		x		
		x		
<b>C. Total Creditable Meats Amount<sup>5</sup></b>				<b>2.00</b>

<sup>1</sup> FBG yield = Additional Information column.

**II. Meat Alternates**

Fill out the chart below to determine the creditable amount of Meat Alternates.

DESCRIPTION OF CREDITABLE MEAT ALTERNATE INGREDIENT PER FOOD BUYING GUIDE (FBG)	OUNCES PER RAW PORTION OF CREDITABLE MEAT ALTERNATE INGREDIENT D	MULTIPLY	FBG YIELD <sup>2</sup>	DIVIDE	PURCHASE UNIT IN OUNCES F	CREDITABLE AMOUNT <sup>2</sup> D x F
		x		÷		
		x		÷		
		x		÷		
<b>G. Total Creditable Meat Alternates Amount<sup>5</sup></b>						<b>0.00</b>

<sup>2</sup> FBG yield = Servings per Purchase Unit column.

**III. Alternate Protein Products (APP)**

Fill out the chart below to determine the creditable amount of APP. Documentation must be provided as described in Attachments A and B for each APP used.

DESCRIPTION OF APP, MANUFACTURER'S NAME, AND CODE NUMBER	OUNCES DRY PER APP PORTION H	MULTIPLY	% OF PROTEIN AS IS <sup>3</sup> I	DIVIDE <sup>4</sup>	CREDITABLE AMOUNT APP H x I ÷ 18
		x		÷ 18	
		x		÷ 18	
		x		÷ 18	
<b>J. Total Creditable APP Amount<sup>5</sup></b>					<b>0 00</b>
<b>K. TOTAL CREDITABLE AMOUNT (C + G + J rounded down to nearest 0.25 oz)<sup>5</sup></b>					<b>2 00</b>



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- <sup>3</sup> Attached documentation provides % of Protein As-Is.
- <sup>4</sup> 18 is the percent of protein when fully hydrated.
- <sup>5</sup> Total Creditable Amount must be rounded **down** to the nearest 0.25 oz (example: 1.49 rounds down to 1.25 oz equivalent meat/meat alternate). If crediting M/MA and APP, round down after adding the Total Creditable Amount for Meats, Meat Alternates, and APP in boxes C, G, and J.

Total weight (per portion) of product as purchased minimum 3.4 oz.

Total creditable amount of product (per portion). (Reminder: total creditable amount (per portion) cannot exceed the total weight (per portion).) 2.00

I certify that the above information is true and correct and that a 3.4 ounce serving of the above product (ready for serving) contains 2.00 ounces of equivalent meat/meat alternate when prepared according to directions.

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

*Modesta Everett*

Signature

Associate Food Technologist

Title

Modesta Everett

Printed Name

07/01/2024

Date

(970) 506-7485

Phone Number