

2024-2025 SCHOOL YEAR FACT SHEET

7522 | GOLD KIST® WHOLE GRAIN BREADED BREAST FILLETS



PILGRIM'S® PRIDE CORP. – Gold Kist® Brand

CODE NUMBER:	7522
M/MA CONTRIBUTION:	2
GRAIN CONTRIBUTION:	1.25
CALORIES	230
SODIUM	380mg
GTIN:	10075632075228
CASE DIMENSIONS:	17L x 13W x 11.43"H
SHELF LIFE:	365 days
CASE/PALLET:	56
CASE WT:	30 LBS
SERVING SIZE:	1 Piece
DONATED FOOD/CASE:	33.28
SERVINGS/CASE:	113
GR. WT:	32.02 LBS
PALLET (TxH):	8 x 7
CASES CUBE:	1.48

Fully-Cooked, Whole Grain BreaDED, Skinless and Boneless Fillet made with Whole Muscle Chicken Breast. The meat and grain credits per serving is: 1 piece provides 2 oz. equivalent M/MA and 1.25 oz equivalent grain.

CONTAINS: MILK, WHEAT.



Serving Suggestion

Nutrition Facts

113 servings per container	
Serving size	1 Piece
Amount per serving	
Calories	230
% Daily Value*	
Total Fat 9g	11%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Polyunsaturated Fat 4g	
Monounsaturated Fat 2g	
Cholesterol 60mg	20%
Sodium 380mg	16%
Total Carbohydrate 16g	6%
Dietary Fiber 2g	9%
Total Sugars 0g	
Includes less 0g Added Sugars	1%
Protein 21g	
Vit D 0mcg 0%	Calcium 20mg 2%
Iron 1.2mg 6%	Potas. 410mg 9%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Fully Cooked Copy Not For Documenting Federal Meal Pattern Requirements

7522

WHOLE GRAIN BREADED CHICKEN BREAST FILLETS WITH RIB MEAT

INGREDIENTS: Boneless Skinless Chicken Breast With Rib Meat, Water, Sodium Phosphates, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Seasoning (Salt, Sugar, Natural Flavors, Dehydrated Onion, Spices (Including Celery Seed), Dehydrated Garlic, Chicken Broth, Maltodextrin, Dried Chicken, Dried Chicken Skin, Soybean Oil (As A Processing Aid), Not More Than 2% Silicon Dioxide Added To Prevent Caking), **Breaded With:** Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Sugar, Yeast Extract, Disodium Inosinate And Disodium Guanylate, Spice, Yeast, Dextrose, Extractives Of Paprika, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Extractives Of Paprika And Annatto, Extractives Of Turmeric, Less Than 2% Soybean Oil, **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Sugar, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Spice, Maltodextrin, Soybean Oil (As A Processing Aid), Extractives Of Paprika, Annatto And Turmeric, Butter Flavor (Butter, Sweet Buttermilk, Natural Flavor), **Predusted With:** Whole Wheat Flour, Modified Corn Starch, Salt, Spice Extractive, Breading Set In Vegetable Oil.
CONTAINS: MILK, WHEAT

HEATING INSTRUCTIONS FROM FROZEN: Convection Oven: Preheat oven to 350° F. Place frozen chicken pieces in a single layer on an ungreased baking pan. Bake uncovered for 20 minutes. **Conventional Oven:** Preheat oven to 350° F. Place frozen chicken pieces in a single layer on an ungreased baking pan. Bake uncovered for 30 minutes. Fully heat product to a minimum internal temperature of 165° F. Appliances vary, adjust heat times accordingly.



DISTRIBUTED BY: Pilgrim's Pride Corporation
1770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.pilgrimsfoodservice.com

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**Product Formulation Statement for Documenting Grains/Breads Servings
 in the Child and Adult Care Food Program, Summer Food Service Program, and
 NSLP Afterschool Snacks**

(Crediting Standards Based on Grams of Creditable Grains per Grains/Breads Serving (not ounce equivalent))

Program operators should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Program operators have the option to choose the crediting method that fits their specific menu planning needs.

Product Name: A+ WG BREADED CHICKEN BREAST FILET Code No.: 7522

Manufacturer: Pilgrim's Pride Corporation Serving Size: 4.25 oz.
 (raw dough weight may be used to calculate creditable grains)

I. Does the product meet the whole grain-rich criteria? Yes No

II. Use Exhibit A: Grain Requirements for Child Nutrition Programs in the *Food Buying Guide for Child Nutrition Programs (FBG)* to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate the grains contribution based on creditable grains. Groups A-G use the standard of 14.75g creditable grains per serving; Groups H and I use the standard of 25g creditable grains per serving or volume.)

Indicate which Exhibit A Group (A-I) the product belongs: A

DESCRIPTION OF CREDITABLE GRAIN INGREDIENT*	GRAMS OF CREDITABLE GRAIN INGREDIENT PER PORTION ¹	GRAM STANDARD OF CREDITABLE GRAINS PER GRAINS/BREADS SERVING (14.75g or 25g) ²	CREDITABLE AMOUNT
	A	B	A ÷ B
Whole Wheat Flour	19.610	16	1.226
Enriched Wheat Flour	1.9018	16	0.1189
Total			1.345
Total Creditable Amount³			1.25

* Creditable grains vary by Program. See the FBG for specific Program requirements.
¹ (Serving size) X (% of creditable grains in formula); serving sizes other than grams must be converted to grams.
² Standard grams of creditable grains from the corresponding Group in Exhibit A.
³ Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) grains/breads serving. Do **not** round up.

Total weight (per portion) of product as purchased 4.25 oz.

Total contribution of product (per portion) 1.25 grains/breads serving(s).

I certify that the above information is true and correct and that a 4.25 ounce portion of this product (ready for serving) provides 1.25 grains/breads serving(s).

Modesta Everett
 Signature

Modesta Everett
 Printed Name

Associate Food Technologist
 Title

07/01/2024 (970) 506-7485
 Date Phone Number



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Product Formulation Statement for Documenting Meats/Meat Alternates (M/MA) in Child Nutrition Programs

Program operators should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative.

Product Name: A+ WG BREADED CHICKEN BREAST FILET Code No.: 7522

Manufacturer: Pilgrim's Pride Corporation Serving Size: 4.25 oz.

I. Meats

Fill out the chart below to determine the creditable amount of Meats.

DESCRIPTION OF CREDITABLE MEAT INGREDIENT PER FOOD BUYING GUIDE (FBG)	OUNCES PER RAW PORTION OF CREDITABLE MEAT INGREDIENT A	MULTIPLY	FBG YIELD ¹ B	CREDITABLE AMOUNT A x B
Boneless Chicken Breast w/o Skin	2.86 (1 Filet)	x	73%	2.088
		x		
		x		
C. Total Creditable Meats Amount⁵				2.00

¹ FBG yield = Additional Information column.

II. Meat Alternates

Fill out the chart below to determine the creditable amount of Meat Alternates.

DESCRIPTION OF CREDITABLE MEAT ALTERNATE INGREDIENT PER FOOD BUYING GUIDE (FBG)	OUNCES PER RAW PORTION OF CREDITABLE MEAT ALTERNATE INGREDIENT D	MULTIPLY	FBG YIELD ²	DIVIDE	PURCHASE UNIT IN OUNCES F	CREDITABLE AMOUNT ² D x F
		x		÷		
		x		÷		
		x		÷		
G. Total Creditable Meat Alternates Amount⁵						0.00

² FBG yield = Servings per Purchase Unit column.

III. Alternate Protein Products (APP)

Fill out the chart below to determine the creditable amount of APP. Documentation must be provided as described in Attachments A and B for each APP used.

DESCRIPTION OF APP, MANUFACTURER'S NAME, AND CODE NUMBER	OUNCES DRY PER APP PORTION H	MULTIPLY	% OF PROTEIN AS IS ³ I	DIVIDE ⁴	CREDITABLE AMOUNT APP H x I ÷ 18
		x		÷ 18	
		x		÷ 18	
		x		÷ 18	
J. Total Creditable APP Amount⁵					0 00
K. TOTAL CREDITABLE AMOUNT (C + G + J rounded down to nearest 0.25 oz)⁵					2 00



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- ³ Attached documentation provides % of Protein As-Is.
- ⁴ 18 is the percent of protein when fully hydrated.
- ⁵ Total Creditable Amount must be rounded **down** to the nearest 0.25 oz (example: 1.49 rounds down to 1.25 oz equivalent meat/meat alternate). If crediting M/MA and APP, round down after adding the Total Creditable Amount for Meats, Meat Alternates, and APP in boxes C, G, and J.

Total weight (per portion) of product as purchased 4.25 oz. (1 Filet)

Total creditable amount of product (per portion). (Reminder: total creditable amount (per portion) cannot exceed the total weight (per portion).) 2.00

I certify that the above information is true and correct and that a 4.25 ounce serving of the above product (ready for serving) contains 2.00 ounces of equivalent meat/meat alternate when prepared according to directions.

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

Modesta Everett

Signature

Associate Food Technologist

Title

Modesta Everett

Printed Name

07/01/2024

Date

(970) 506-7485

Phone Number